

Invitation to

**German Championships Long and Germany Cup (Relay)  
on 2nd/3rd October 2010**

**Event promoter:**

Deutscher Turner-Bund e.V.

**Host:**

OLG Siegerland e.V.

**Competition area:**

Siegen-Leimbach

**Event Centre/Central Accommodation/Prizegiving Ceremony:**

Kreuztal sports centre (Sportzentrum Kreuztal)

**Programme:**

<i>Friday:</i>	4 pm - midnight	Event centre is open at Clara-Schumann Comprehensive School in Kreuztal (Clara Schumann-Gesamtschule)
	until 11pm	presentation of start licences
<i>Saturday:</i>	9 am - 5.30 pm	Event centre is open at the assembly area
	11 am	First start (German Championships)
	5 pm	Closing of the courses
	8 pm	Prizegiving at Kreuztal Town Hall (Stadthalle Kreuztal)
<i>Sunday:</i>	8 am - 1.30 pm	Event centre is open at the assembly area
	9.30 am	First start (Relay)
	ca. 12.30 pm	Prizegiving (assembly area)

**Organising Committee:**

Co-ordinator:	Götz Hofmann
Mapping/Planning:	Christian Henrich-Franke
Computing:	Christian Gieseler
Accommodation:	Walter Gieseler
Start:	Peter Nüs, Joachim Menn
Press Officer/Publicity:	Joachim Menn (e-mail: <a href="mailto:joachim.menn@olg-siegerland.de">joachim.menn@olg-siegerland.de</a> Tel.: 02733-8564)

**Technical Co-ordinator:**

Uwe Dresel

**Terrain (for both competitions):**

The terrain is typically German woodland that is characterised by mining activities in the past. Contours are easily identifiable with some deep valleys that are good for route choices. Between the highest and the lowest point of the terrain are 250 m, but there will be no climb

higher than 100 m. There is an intensive network of paths and tracks. The terrain is divided by the motorway A 45 and a gliding airfield so that channeling to the underground crossing of the motorway is necessary for the longer legs. Open, not very detailed land changes with areas that are dominated by many details due to the 2000 years of mining. In some parts the small-structured mining areas can be found in very steep slopes with bad runnability so that requirements concerning technical orienteering are high, even till the very end of the courses. Some, now open clear-cut areas were affected by the storm Kyrill. There is a lot of vegetation on the ground.

The terrain between Eisern, Eisersfeld, Siegen-Hengsbach, Siegen-Winchenbach and Siegen-Leimbach is off-limits until the 1<sup>st</sup> of October, 2010 for orienteering activities.

**Central accommodation:**

Floor space in classrooms in Clara-Schumann Comprehensive School in Kreuztal (Friday - Sunday 1<sup>st</sup> - 3<sup>rd</sup> October, 2010, 3 EUR ppn)

Space is limited, first come, first served!

**Further accommodation:**

in the area of the Siegerland (in general):

Touristikverband Siegerland-Wittgenstein e.V., Tel. 0271-333-1020

[www.siegen-wittgenstein-tourismus.de](http://www.siegen-wittgenstein-tourismus.de)

Hilchenbach:

Touristik-Information, Tel. 02733-288-133

[www.hilchenbach.de](http://www.hilchenbach.de)

Richard-Martin-Haus (62 beds, B&B: 33 €), Tel. 02733-4215

Tagungshaus Keppel (B&B: 20 €), Tel. 02733-894113

youth hostel: Jugendherberge Hilchenbach (68 beds) ,Tel. 02733-4396

[www.djh-wl.de/jh/hilchenbach/](http://www.djh-wl.de/jh/hilchenbach/)

Kreuztal:

[www.kreuztal.de](http://www.kreuztal.de)

**Catering:**

Beverages and food are available at the assembly area and during the prize giving ceremony. Breakfast (3 €) is offered on Saturday and Sunday at Clara-Schumann Comprehensive School. Please book breakfast in advance.

**Liability:**

Competitors run at their own risk.

**Prizes:**

German Championships: medals will be awarded to the first three in each class, certificates to the first six

Inofficial classes and relay: medals and certificates to the first three in each class

**Electronic Punching System:**

The event uses the SPORTident (SI) punching system, the SI-card number must be given with your entry. SI-cards can be hired (5 € + 20 € deposit). Competitors without an SI-card number get an SI-card automatically.

**Entries:**

Until 03.09.2010 at the latest on the internet: dmdc2010@olg-siegerland.de  
By post: Christian Gieseler, Schubertstraße 47, 57482 Wenden

Entries for both days clubwise on the special entry form with full name, address, year of birth, age-class and SI-card number.

**Entry fees:**

**1. German Championships Long**

Regular German starters:	25 €
Foreign starters:	
D/H - 18	7 €
D/H 19-	10 €
direct courses	7 €

**2. Germany Cup (Relay)**

5-person-relay	45 €
3-person-relay	21 €

**Late entries:**

Late entries will be accepted on the internet up to and including 20.09.2010.  
Late entry fees : German Championships 10 €, other5€, direct courses no fee

**Banking details:**

OLG Siegerland  
account number: 1608744  
BLZ: 46051875 (Sparkasse Hilchenbach)  
IBAN: DE56 4605 1875 0001 6087 44  
BIC: WELADED1HIL

Entry fees and costs for accommodation and breakfast should be transferred with the entry.  
**Do not forget to state your club name on the money transfer form.**

**Non-competitive string course for small children:**

provided on both days from the assembly field, free.

**Travel Directions:**

**1. Event Centre/Central Accomodation/Kreuztal sports centre (Sportzentrum Kreuztal)**

(GPS:50.9626, 7.9912)

By car:

B54 exit Kreuztal. Follow the signs to the sports centre

By train: Kreuztal station. Take the bus R 11 till Ernsdorf bus stop

Sportzentrum Kreuztal, Dreslers Park, 57223 Kreuztal

**2. Competition area: Siegen-Leimbachstraße**

(GPS:50.8517, 8.0269)

By car:

Motorway A 45, exit Eisern. Follow the signs in the direction of Siegen till . P+R Leimbachstadion.

From the event centre in Kreuztal take the B 54 to Siegen, exit Citygalerie, at the next large crossing turn right into Koblenzer Straße, then turn left into Leimbachstraße abbiegen. Follow the signs to park and ride car park at Leimbachstadion.

By train: Siegen station. take the bus L102 till P+R Leimbachstadion, Leimbachstraße 248, 57074 Siegen.

## **German Championships Long**

### **Form of competition:**

single long distance

### **Map:**

IOF-Norm (ISOM), Scale 1:15000 (D/H 16 - 40), 1:10000 (others), equidistance 5 m, August 2010, Pretex waterproof paper

### **Classes:**

D/H-14, D/H-16, D/H-18, D/H-20, D/HE, D/H35 bis D/H75 (start pass required)  
others: D/H-10, D/H-12, D 19-AK, D 19-AL, D 19B, H 21-AK, H 21-AL, H 21B,  
direct courses: DirKB, DirLB, F (string course)

### **Distances:**

Kreuztal - Parking	12,5 km
Parking - Assembly field	400 - 800 m
Assembly field - Finish	0 m

## **Germany Cup (Relay)**

### **Form of competition:**

club relay for 5 runners (according to the competition rules B 3.4.5)  
relay for 3 runners (without any regulations)

### **Map:**

IOF-Norm (ISOM), Scale 1:10000, equidistance 5 m, August 2010, Pretex waterproof paper

### **Distances:**

Kreuztal - Parking	12,5 km
Parking - Assembly field	400 - 800 m
Assembly field - Finish	0 m
Finish - Start	0 m