

Pl	Stnr	Name	Zeit														Z		
D35 (4)				4.8 km	215 Hm	13 P													
				1(32)	2(45)	3(101)	4(113)	5(112)	6(110)	7(50)	8(102)	9(39)	10(38)	11(36)	12(41)	13(99)	Z		
1		Kirsten Kolbe	41:00	1:46	7:04	8:46	18:21	20:15	21:21	26:14	27:09	34:06	34:55	37:03	39:21	40:43	41:00		
		TSC Eintracht Dortm		1:46	5:18	1:42	9:35	1:54	1:06	4:53	0:55	6:57	0:49	2:08	2:18	1:22	0:17		
2		Martina Hollmann	1:00:29	2:39	10:23	12:23	26:10	29:01	30:29	40:01	41:26	50:28	51:24	54:14	58:32	1:00:10	1:00:29		
		Bielefelder TG		2:39	7:44	2:00	13:47	2:51	1:28	9:32	1:25	9:02	0:56	2:50	4:18	1:38	0:19		
3		Claudia Kleist	1:01:13	2:01	7:49	9:37	20:38	22:32	24:19	30:53	32:16	51:35	52:19	55:05	58:44	1:00:51	1:01:13		
		TSC Eintracht Dortm		2:01	5:48	1:48	11:01	1:54	1:47	6:34	1:23	19:19	0:44	2:46	3:39	2:07	0:22		
4		Sylke Höfner	1:26:12	4:57	13:38	16:03	29:41	32:49	35:06	44:57	53:26	1:06:19	1:07:16	1:10:55	1:23:25	1:25:46	1:26:12		
		TSV Wulften		4:57	8:41	2:25	13:38	3:08	2:17	9:51	8:29	12:53	0:57	3:39	12:30	2:21	0:26		
D45 (5)				4.0 km	175 Hm	14 P													
				1(31)	2(41)	3(44)	4(45)	5(111)	6(114)	7(50)	8(51)	9(40)	10(39)	11(35)	12(32)	13(42)	14(99)		
				Z															
1		Barbara Glowka	46:08	1:04	4:39	7:54	10:00	19:18	20:31	28:14	32:08	36:52	37:29	40:55	42:49	45:05	45:45		
		TSC Eintracht Dortm		1:04	3:35	3:15	2:06	9:18	1:13	7:43	3:54	4:44	0:37	3:26	1:54	2:16	0:40		
				46:08															
				0:23															
2		Hildegard Rehorst	50:49	1:01	7:09	10:51	12:55	23:11	24:40	32:39	36:09	40:59	41:39	45:15	47:04	49:20	50:24		
		TSC Eintracht Dortm		1:01	6:08	3:42	2:04	10:16	1:29	7:59	3:30	4:50	0:40	3:36	1:49	2:16	1:04		
				50:49															
				0:25															
3		Petra Kausch	51:37	1:12	6:02	9:49	12:34	23:13	25:11	31:17	35:35	41:14	41:56	45:21	47:23	50:10	51:09		
		SU Annen		1:12	4:50	3:47	2:45	10:39	1:58	6:06	4:18	5:39	0:42	3:25	2:02	2:47	0:59		
				51:37															
				0:28															
4		Silvia Kempin	59:59	2:35	7:02	10:59	12:56	24:30	26:00	31:55	43:43	49:07	49:41	54:42	56:39	58:49	59:37		
		Oberodenthaler SC		2:35	4:27	3:57	1:57	11:34	1:30	5:55	11:48	5:24	0:34	5:01	1:57	2:10	0:48		
				59:59															
				0:22															
5		Petra Risch	1:03:33	1:08	12:26	16:44	19:53	32:33	34:06	43:20	47:53	53:01	53:51	57:46	59:49	1:02:26	1:03:06		
		ASG Teutoburger W		1:08	11:18	4:18	3:09	12:40	1:33	9:14	4:33	5:08	0:50	3:55	2:03	2:37	0:40		
				1:03:33															
				0:27															
D55 (6)				3.6 km	100 Hm	14 P													
				1(31)	2(41)	3(51)	4(50)	5(49)	6(45)	7(44)	8(40)	9(38)	10(37)	11(36)	12(32)	13(42)	14(99)		
				Z															
1		Kathy Deuber	46:15	1:08	8:38	11:27	15:08	18:31	23:07	24:59	33:28	35:05	38:07	39:31	42:01	45:16	45:53		
		Bielefelder TG		1:08	7:30	2:49	3:41	3:23	4:36	1:52	8:29	1:37	3:02	1:24	2:30	3:15	0:37		
				46:15															
				0:22															
2		Uta Breckle	51:26	0:56	5:14	9:47	14:05	17:33	27:55	30:05	39:11	41:00	43:41	45:21	47:25	50:09	50:56		
		Bielefelder TG		0:56	4:18	4:33	4:18	3:28	10:22	2:10	9:06	1:49	2:41	1:40	2:04	2:44	0:47		
				51:26															
				0:30															
3		Ruth Renner	56:13	1:15	6:24	9:48	15:16	19:29	25:06	27:57	36:18	38:30	41:10	49:28	52:05	54:45	55:44		
		Bielefelder TG		1:15	5:09	3:24	5:28	4:13	5:37	2:51	8:21	2:12	2:40	8:18	2:37	2:40	0:59		
				56:13															
				0:29															
4		Christa Franke	57:10	1:14	5:31	8:16	22:26	26:21	31:26	34:00	41:32	43:53	48:59	50:14	53:07	55:57	56:42		
		OLG Siegerland		1:14	4:17	2:45	14:10	3:55	5:05	2:34	7:32	2:21	5:06	1:15	2:53	2:50	0:45		
				57:10															
				0:28															
5		Helga Blöcher	1:10:53	1:23	8:32	11:53	27:36	31:51	38:06	41:36	53:00	58:35	1:01:12	1:03:19	1:05:53	1:09:12	1:10:18		
		TV Eichen		1:23	7:09	3:21	15:43	4:15	6:15	3:30	11:24	5:35	2:37	2:07	2:34	3:19	1:06		
				1:10:53															
				0:35															
6		Sabine Bohl	1:12:57	1:33	8:52	12:59	29:47	35:30	43:01	45:58	56:36	59:18	1:02:06	1:04:24	1:07:26	1:11:01	1:12:17		
		SC Unna		1:33	7:19	4:07	16:48	5:43	7:31	2:57	10:38	2:42	2:48	2:18	3:02	3:35	1:16		
				1:12:57															
				0:40															
H10 (1)				1.9 km	70 Hm	8 P													
				1(33)	2(56)	3(52)	4(48)	5(46)	6(47)	7(43)	8(99)						Z		
1		Patrick Berger	38:05	3:59	9:07	14:57	18:36	22:00	27:41	32:09	37:45	38:05							
		OLV Steinberg		3:59	5:08	5:50	3:39	3:24	5:41	4:28	5:36	0:20							
H12 (1)				2.8 km	80 Hm	12 P													
				1(33)	2(43)	3(56)	4(53)	5(54)	6(55)	7(52)	8(48)	9(46)	10(47)	11(44)	12(99)	Z			
1		Nils Berger	32:25	2:52	6:29	7:49	10:03	14:03	17:57	22:03	24:00	25:27	28:06	29:08	32:07	32:25			
		OLV Steinberg		2:52	3:37	1:20	2:14	4:00	3:54	4:06	1:57	1:27	2:39	1:02	2:59	0:18			
				32:08															
				*99															

Pl	Stnr	Name	Zeit														Z		
H14 (9)				4.1 km	130 Hm	13 P													
				1(37)	2(51)	3(54)	4(113)	5(111)	6(49)	7(45)	8(44)	9(41)	10(34)	11(32)	12(42)	13(99)			
1		Dean Hagedorn	39:27	3:11	6:55	11:28	14:22	17:58	22:19	26:31	28:36	31:28	35:11	36:22	38:44	39:09	39:27		
				3:11	3:44	4:33	2:54	3:36	4:21	4:12	2:05	2:52	3:43	1:11	2:22	0:25	0:18		
2		Arvid Jasper	42:55	3:03	6:56	10:53	13:41	17:17	21:31	25:52	27:25	34:27	38:23	39:48	41:52	42:30	42:55		
				3:03	3:53	3:57	2:48	3:36	4:14	4:21	1:33	7:02	3:56	1:25	2:04	0:38	0:25		
					37:02														
					*35														
3		Alvar Penning	48:35	2:56	7:13	12:40	17:58	22:50	29:32	33:24	35:04	38:28	43:26	45:37	47:48	48:15	48:35		
				2:56	4:17	5:27	5:18	4:52	6:42	3:52	1:40	3:24	4:58	2:11	2:11	0:27	0:20		
4		Raphael Schwirten	49:16	2:55	7:43	13:31	16:53	21:07	27:07	31:57	33:32	37:35	44:16	46:11	48:20	48:59	49:16		
				2:55	4:48	5:48	3:22	4:14	6:00	4:50	1:35	4:03	6:41	1:55	2:09	0:39	0:17		
5		Michael Krämer	56:42	3:20	9:41	15:34	20:34	26:47	36:18	41:19	43:07	47:30	51:21	53:35	55:31	56:21	56:42		
				3:20	6:21	5:53	5:00	6:13	9:31	5:01	1:48	4:23	3:51	2:14	1:56	0:50	0:21		
6		Niklas Sting	1:01:18	3:12	8:03	12:48	16:26	27:46	35:42	40:59	42:24	49:44	56:19	58:12	1:00:21	1:01:00	1:01:18		
				3:12	4:51	4:45	3:38	11:20	7:56	5:17	1:25	7:20	6:35	1:53	2:09	0:39	0:18		
7		Julian Perugorria	1:06:11	2:39	10:25	16:51	20:34	25:52	34:03	40:19	42:27	46:06	54:56	1:02:34	1:04:56	1:05:45	1:06:11		
				2:39	7:46	6:26	3:43	5:18	8:11	6:16	2:08	3:39	8:50	7:38	2:22	0:49	0:26		
8		Holger Neuhaus	1:08:39	3:46	10:41	16:27	21:21	29:10	37:19	48:38	50:58	57:52	59:51	1:04:06	1:07:23	1:08:20	1:08:39		
				3:46	6:55	5:46	4:54	7:49	8:09	11:19	2:20	6:54	1:59	4:15	3:17	0:57	0:19		
9		Kevin Rosemann	1:21:10	7:21	14:06	18:51	22:34	33:39	41:39	47:03	48:50	57:33	1:10:01	1:17:45	1:19:58	1:20:44	1:21:10		
				7:21	6:45	4:45	3:43	11:05	8:00	5:24	1:47	8:43	12:28	7:44	2:13	0:46	0:26		
H16 (7)				5.9 km	270 Hm	16 P													
				1(37)	2(35)	3(44)	4(45)	5(101)	6(103)	7(104)	8(105)	9(108)	10(107)	11(106)	12(112)	13(110)	14(50)		
				15(42)	16(99)	Z													
1		Christoph Prunsch	38:11	1:33	2:23	5:30	6:39	7:55	14:34	17:27	20:46	22:50	23:27	24:19	28:20	29:15	33:42		
				1:33	0:50	3:07	1:09	1:16	6:39	2:53	3:19	2:04	0:37	0:52	4:01	0:55	4:27		
				37:27	37:55	38:11													
				3:45	0:28	0:16													
2		Felix Späth	39:47	1:22	2:24	5:50	6:50	8:06	15:12	18:20	19:49	22:03	22:37	23:26	28:44	29:39	34:06		
				1:22	1:02	3:26	1:00	1:16	7:06	3:08	1:29	2:14	0:34	0:49	5:18	0:55	4:27		
				39:06	39:31	39:47													
				5:00	0:25	0:16													
3		Christian Duesman	58:14	2:24	3:38	7:29	8:49	10:18	21:37	25:23	30:41	33:33	34:43	36:06	45:05	46:21	52:55		
				2:24	1:14	3:51	1:20	1:29	11:19	3:46	5:18	2:52	1:10	1:23	8:59	1:16	6:34		
				57:25	57:55	58:14													
				4:30	0:30	0:19													
4		Jakob Roeing	58:32	2:08	3:23	8:59	10:32	12:09	24:07	28:42	31:10	33:55	34:38	35:41	43:25	44:45	52:23		
				2:08	1:15	5:36	1:33	1:37	11:58	4:35	2:28	2:45	0:43	1:03	7:44	1:20	7:38		
				57:46	58:14	58:32													
				5:23	0:28	0:18													
5		Arvid Glowka	1:06:11	1:38	2:52	6:51	7:58	9:22	22:58	26:12	28:20	31:05	31:57	33:01	37:33	38:29	1:00:37		
				1:38	1:14	3:59	1:07	1:24	13:36	3:14	2:08	2:45	0:52	1:04	4:32	0:56	22:08		
				1:05:26	1:05:53	1:06:11													
				4:49	0:27	0:18													
6		Hennes Neuhaus	1:17:24	2:59	5:05	10:56	12:28	14:56	31:49	38:16	41:00	44:49	46:51	48:41	59:49	1:01:52	1:10:10		
				2:59	2:06	5:51	1:32	2:28	16:53	6:27	2:44	3:49	2:02	1:50	11:08	2:03	8:18		
				1:16:21	1:17:04	1:17:24													
				6:11	0:43	0:20													
		Konstantin Below	Fehlst	3:17	4:30	12:02	13:29	15:25	29:00	32:16	34:25	37:06	38:01	39:05	-----	44:37	1:06:39		
				3:17	1:13	7:32	1:27	1:56	13:35	3:16	2:09	2:41	0:55	1:04		5:32	22:02		
				1:11:28	1:11:54	1:12:12													
				4:49	0:26	0:18													
H18 (2)				7.0 km	290 Hm	22 P													
				1(31)	2(45)	3(101)	4(103)	5(104)	6(105)	7(108)	8(107)	9(106)	10(113)	11(112)	12(111)	13(50)	14(102)		
				15(51)	16(40)	17(38)	18(37)	19(35)	20(32)	21(42)	22(99)	Z							
1		Florian Urbanietz	58:18	0:36	5:50	7:17	16:26	20:08	22:52	25:41	26:32	27:34	33:16	34:59	36:32	42:41	43:46		
				0:36	5:14	1:27	9:09	3:42	2:44	2:49	0:51	1:02	5:42	1:43	1:33	6:09	1:05		
				46:46	50:28	51:52	53:12	54:34	55:57	57:31	58:02	58:18							
				3:00	3:42	1:24	1:20	1:22	1:23	1:34	0:31	0:16							
2		Christian Britwum	1:03:52	0:38	6:16	7:47	19:26	22:39	24:27	28:48	29:25	30:37	35:40	37:46	39:55	45:00	46:08		
				0:38	5:38	1:31	11:39	3:13	1:48	4:21	0:37	1:12	5:03	2:06	2:09	5:05	1:08		
				48:40	56:14	57:08	58:25	59:55	1:01:31	1:03:07	1:03:35	1:03:52							
				2:32	7:34	0:54	1:17	1:30	1:36	1:36	0:28	0:17							
H17K (2)				4.8 km	215 Hm	13 P													
				1(32)	2(45)	3(101)	4(113)	5(112)	6(110)	7(50)	8(102)	9(39)	10(38)	11(36)	12(41)	13(99)	Z		
1		Wolfgang Fuchs	55:25	9:02	13:32	15:18	24:52	27:43	28:59	36:56	37:58	45:02	45:42	50:23	52:51	54:58	55:25		
				9:02	4:30	1:46	9:34	2:51	1:16	7:57	1:02	7:04	0:40	4:41	2:28	2:07	0:27		
2		Harald Eckstein	1:04:38	11:48	17:08	19:26	27:57	31:10	34:31	46:03	47:19	53:03	53:53	55:57	1:02:16	1:04:04	1:04:38		
				11:48	5:20	2:18	8:31	3:13	3:21	11:32	1:16	5:44	0:50	2:04	6:19	1:48	0:34		

Pl	Stnr	Name	Zeit														
H19L (9)				7.8 km	360 Hm	25 P											
				1(32)	2(44)	3(45)	4(101)	5(49)	6(102)	7(41)	8(109)	9(103)	10(104)	11(105)	12(108)	13(107)	14(106)
				15(113)	16(112)	17(110)	18(114)	19(50)	20(40)	21(38)	22(37)	23(31)	24(34)	25(99)	Z		
1		Axel Fischer Bielefelder TG	44:08	1:15	3:40	4:40	5:53	6:42	8:36	11:56	15:34	18:06	20:41	22:06	24:03	24:34	25:24
				1:15	2:25	1:00	1:13	0:49	1:54	3:20	3:38	2:32	2:35	1:25	1:57	0:31	0:50
				28:41	29:51	30:39	31:27	33:43	38:23	39:10	40:01	40:59	42:17	43:51	44:08		
				3:17	1:10	0:48	0:48	2:16	4:40	0:47	0:51	0:58	1:18	1:34			
2		Christian Roßnegg Bielefelder TG	46:52	1:08	3:38	4:38	5:51	6:30	8:14	12:22	15:57	18:31	21:24	22:48	24:58	25:33	26:30
				1:08	2:30	1:00	1:13	0:39	1:44	4:08	3:35	2:34	2:53	1:24	2:10	0:35	0:57
				29:59	31:21	32:14	33:08	36:38	40:53	41:35	42:29	43:29	45:00	46:39	46:52		
				3:29	1:22	0:53	0:54	3:30	4:15	0:42	0:54	1:00	1:31	1:39	0:13		
3		Radoslav Dotchev OLV Steinberg	47:05	1:42	4:04	4:58	6:20	7:04	8:55	12:46	16:44	19:23	21:58	23:34	25:40	26:14	27:03
				1:42	2:22	0:54	1:22	0:44	1:51	3:51	3:58	2:39	2:35	1:36	2:06	0:34	0:49
				30:44	32:11	33:03	33:52	37:04	41:20	42:02	42:50	43:42	44:59	46:47	47:05		
				3:41	1:27	0:52	0:49	3:12	4:16	0:42	0:48	0:52	1:17	1:48	0:18		
4		Steffen Bäßler SV Bad Dübren	48:27	1:24	3:56	4:56	6:08	6:55	8:46	12:19	16:22	19:32	22:19	23:59	26:07	26:42	27:40
				1:24	2:32	1:00	1:12	0:47	1:51	3:33	4:03	3:10	2:47	1:40	2:08	0:35	0:58
				31:47	33:06	33:59	34:53	37:46	42:05	42:59	43:51	44:48	46:14	48:08	48:27		
				4:07	1:19	0:53	0:54	2:53	4:19	0:54	0:52	0:57	1:26	1:54	0:19		
5		Roman Schulte-Zuh DJK Adler Bottrop	50:26	4:46	6:55	7:43	8:47	9:31	11:08	15:59	20:02	22:29	25:18	26:43	29:09	29:38	30:27
				4:46	2:09	0:48	1:04	0:44	1:37	4:51	4:03	2:27	2:49	1:25	2:26	0:29	0:49
				34:37	35:49	36:37	37:24	40:09	44:23	45:06	45:54	46:58	48:02	50:05	50:26		
				4:10	1:12	0:48	0:47	2:45	4:14	0:43	0:48	1:04	1:04	2:03	0:21		
6		Sören Riechers Bielefelder TG	51:58	1:30	4:08	5:15	6:26	7:17	8:58	12:57	16:39	19:13	21:52	23:23	28:43	29:40	30:32
				1:30	2:38	1:07	1:11	0:51	1:41	3:59	3:42	2:34	2:39	1:31	5:20	0:57	0:52
				34:19	35:46	36:38	37:39	40:45	45:08	46:13	47:12	48:20	49:54	51:46	51:58		
				3:47	1:27	0:52	1:01	3:06	4:23	1:05	0:59	1:08	1:34	1:52	0:12		
7		Jens Stöwhaas SU Annen	59:32	6:38	9:13	10:13	11:26	12:17	14:07	17:36	21:29	24:13	28:06	31:23	33:38	34:15	35:15
				6:38	2:35	1:00	1:13	0:51	1:50	3:29	3:53	2:44	3:53	3:17	2:15	0:37	1:00
				39:55	41:23	42:18	43:17	46:31	51:15	52:19	53:16	54:24	57:22	59:14	59:32		
				4:40	1:28	0:55	0:59	3:14	4:44	1:04	0:57	1:08	2:58	1:52	0:18		
8		Roland Göhringer DJK Adler Bottrop	1:12:49	2:49	6:15	7:31	9:08	10:17	12:44	17:21	23:16	27:17	32:23	35:21	38:04	38:47	40:16
				2:49	3:26	1:16	1:37	1:09	2:27	4:37	5:55	4:01	5:06	2:58	2:43	0:43	1:29
				45:12	47:06	48:30	49:51	54:36	1:01:03	1:02:30	1:04:36	1:07:34	1:10:03	1:12:31	1:12:49		
				4:56	1:54	1:24	1:21	4:45	6:27	1:27	2:06	2:58	2:29	2:28	0:18		
		Gerrit Rode SC Helsa	Fehlst	1:27	3:57	4:53	6:08	6:58	8:46	12:26	16:24	18:54	21:34	23:06	25:11	25:50	26:50
				1:27	2:30	0:56	1:15	0:50	1:48	3:40	3:58	2:30	2:40	1:32	2:05	0:39	1:00
				30:33	31:52	32:43	33:34	36:35	41:20	42:15	43:17	44:26	----	47:31	47:48		
				3:43	1:19	0:51	0:51	3:01	4:45	0:55	1:02	1:09		3:05	0:17		
H35 (13)				7.0 km	290 Hm	22 P											
				1(31)	2(45)	3(101)	4(103)	5(104)	6(105)	7(108)	8(107)	9(106)	10(113)	11(112)	12(111)	13(50)	14(102)
				15(51)	16(40)	17(38)	18(37)	19(35)	20(32)	21(42)	22(99)	Z					
1		Oliver Hauptstock TSC Eintracht Dortm	45:04	0:31	5:36	6:57	14:28	17:35	19:36	21:48	22:18	23:16	26:49	28:11	29:22	32:40	33:30
				0:31	5:05	1:21	7:31	3:07	2:01	2:12	0:30	0:58	3:33	1:22	1:11	3:18	0:50
				36:07	39:08	39:53	40:56	41:51	43:01	44:25	44:49	45:04					
				2:37	3:01	0:45	1:03	0:55	1:10	1:24	0:24	0:15					
2		Christoph Luter SU Annen	48:03	1:12	6:15	7:29	15:03	18:23	21:16	23:32	24:06	25:16	29:28	30:51	32:04	35:52	36:42
				1:12	5:03	1:14	7:34	3:20	2:53	2:16	0:34	1:10	4:12	1:23	1:13	3:48	0:50
				39:09	42:18	43:06	44:03	45:04	46:02	47:18	47:46	48:03					
				2:27	3:09	0:48	0:57	1:01	0:58	1:16	0:28	0:17					
3		Uwe Berger TSC Eintracht Dortm	51:07	0:48	6:03	8:16	18:27	22:43	25:00	27:43	28:21	29:25	33:06	34:22	35:35	38:43	39:33
				0:48	5:15	2:13	10:11	4:16	2:17	2:43	0:38	1:04	3:41	1:16	1:13	3:08	0:50
				42:17	45:16	46:01	47:00	48:00	49:09	50:29	50:53	51:07					
				2:44	2:59	0:45	0:59	1:00	1:09	1:20	0:24	0:14					
4		Martin Gertenbach SC Helsa	52:23	0:31	6:13	7:33	16:01	19:40	21:15	25:56	26:36	27:48	31:51	33:12	34:38	38:52	39:56
				0:31	5:42	1:20	8:28	3:39	1:35	4:41	0:40	1:12	4:03	1:21	1:26	4:14	1:04
				42:24	45:50	46:45	47:50	48:50	50:06	51:34	52:05	52:23					
				2:28	3:26	0:55	1:05	1:00	1:16	1:28	0:31	0:18					
5		Tobias Wolf OLG Siegerland	52:29	1:22	6:31	7:57	18:26	21:47	23:32	26:11	26:48	27:44	31:42	33:09	34:27	38:23	39:25
				1:22	5:09	1:26	10:29	3:21	1:45	2:39	0:37	0:56	3:58	1:27	1:18	3:56	1:02
				41:59	45:25	46:18	47:24	48:30	49:59	51:40	52:12	52:29					
				2:34	3:26	0:53	1:06	1:06	1:29	1:41	0:32	0:17					
6		Nikolai Wanner OLG Siegerland	56:03	0:37	5:58	7:23	16:12	19:50	24:08	28:53	29:34	30:50	34:48	36:10	37:32	41:42	42:47
				0:37	5:21	1:25	8:49	3:38	4:18	4:45	0:41	1:16	3:58	1:22	1:22	4:10	1:05
				45:39	49:10	50:02	51:14	52:19	53:29	55:13	55:42	56:03					
				2:52	3:31	0:52	1:12	1:05	1:10	1:44	0:29	0:21					
7		Georg Berger OLV Steinberg	58:18	0:46	7:37	9:07	18:14	22:06	24:25	27:39	28:25	29:43	35:18	36:56	38:25	42:42	43:58
				0:46	6:51	1:30	9:07	3:52	2:19	3:14	0:46	1:18	5:35	1:38	1:29	4:17	1:16
				46:44	50:23	51:27	52:54	54:10	55:38	57:23	57:57	58:18					
				2:46	3:39	1:04	1:27	1:16	1:28	1:45	0:34	0:21					
8		Karsten Kolbe TSC Eintracht Dortm	1:01:20	1:07	7:15	9:03	20:53	25:32	27:34	30:32	31:21	32:26	38:30	40:01	41:37	45:52	46:51
				1:07	6:08	1:48	11:50	4:39	2:02	2:58	0:49	1:05	6:04	1:31	1:36	4:15	0:59
				49:48	53:17	54:29	55:46	56:56	58:36	1:00:25	1:00:58	1:01:20					
				2:57	3:29	1:12	1:17	1:10	1:40	1:49	0:33	0:22					
9		Martin Garzorz Gymnasium Offenba	1:05:59	0:40	7:58	9:59	20:13	24:27	26:45	30:04	30:59	32:20	39:35	41:34			

Pl	Stnr	Name	Zeit														Z
H55 (4)				4.8 km	215 Hm	13 P											
				1(32)	2(45)	3(101)	4(113)	5(112)	6(110)	7(50)	8(102)	9(39)	10(38)	11(36)	12(41)	13(99)	
1		Niko Risch ASG Teutoburger W	37:58	1:35	6:12	7:45	16:07	18:29	19:32	23:51	24:49	31:25	31:56	34:09	36:22	37:42	37:58
				1:35	4:37	1:33	8:22	2:22	1:03	4:19	0:58	6:36	0:31	2:13	2:13	1:20	0:16
2		Karl Keddy TSC Eintracht Dortm	45:28	1:56	7:07	9:04	19:42	21:36	23:03	28:25	29:52	37:01	37:47	40:39	43:18	45:06	45:28
				1:56	5:11	1:57	10:38	1:54	1:27	5:22	1:27	7:09	0:46	2:52	2:39	1:48	0:22
3		Wolfgang Braun SC Helsa	51:58	4:40	10:48	12:41	23:44	26:13	27:30	33:15	34:43	42:48	43:41	46:32	49:41	51:29	51:58
				4:40	6:08	1:53	11:03	2:29	1:17	5:45	1:28	8:05	0:53	2:51	3:09	1:48	0:29
					41:58												
					*40												
		Lothar Kempin Oberodenthaler SC	Fehlst	1:46	7:26	9:52	20:50	23:48	25:05	30:28	31:51	39:25	----	42:59	46:08	48:16	48:30
				1:46	5:40	2:26	10:58	2:58	1:17	5:23	1:23	7:34		3:34	3:09	2:08	0:14
					38:54												
					*40												
H65 (5)				3.6 km	100 Hm	14 P											
				1(31)	2(41)	3(51)	4(50)	5(49)	6(45)	7(44)	8(40)	9(38)	10(37)	11(36)	12(32)	13(42)	14(99)
				Z													
1		Peter Gehrman ASG Teutoburger W	31:02	0:45	3:44	6:27	8:54	11:23	15:12	16:47	22:42	24:05	25:35	26:46	28:28	30:07	30:42
				0:45	2:59	2:43	2:27	2:29	3:49	1:35	5:55	1:23	1:30	1:11	1:42	1:39	0:35
				31:02													
				0:20													
2		Siegmar Breckle Bielefelder TG	37:36	0:55	6:01	8:57	11:28	14:30	19:31	21:07	28:31	30:13	31:44	32:52	34:33	36:35	37:14
				0:55	5:06	2:56	2:31	3:02	5:01	1:36	7:24	1:42	1:31	1:08	1:41	2:02	0:39
				37:36													
				0:22													
3		Hans Klimpel ASG Teutoburger W	40:41	1:17	5:23	7:56	13:20	16:22	20:45	22:24	32:51	34:00	35:19	36:20	37:48	39:41	40:20
				1:17	4:06	2:33	5:24	3:02	4:23	1:39	10:27	1:09	1:19	1:01	1:28	1:53	0:39
				40:41													
				0:21													
4		Erich Montag ASG Teutoburger W	49:31	1:12	12:06	15:20	19:26	23:14	28:27	30:26	37:44	39:44	41:32	43:04	45:31	48:04	49:00
				1:12	10:54	3:14	4:06	3:48	5:13	1:59	7:18	2:00	1:48	1:32	2:27	2:33	0:56
				49:31													
				0:31													
		Wilfried Holthoff SU Annen	Fehlst	1:33	8:03	11:23	15:54	20:47	26:45	29:47	42:32	----	46:47	49:10	53:12	56:59	58:29
				1:33	6:30	3:20	4:31	4:53	5:58	3:02	12:45		4:15	2:23	4:02	3:47	1:30
				59:45													
				1:16		43:49											
						*39											
Anfänger (3)				3.5 km	130 Hm	11 P											
				1(31)	2(43)	3(54)	4(113)	5(114)	6(49)	7(45)	8(44)	9(41)	10(42)	11(99)	Z		
1		Ute Berger OLV Steinberg	1:07:11	1:38	10:01	18:31	23:13	29:27	41:15	49:46	53:33	1:03:30	1:05:43	1:06:41	1:07:11		
				1:38	8:23	8:30	4:42	6:14	11:48	8:31	3:47	9:57	2:13	0:58	0:30		
2		Marion Vilz TV Eitelborn	1:14:46	1:31	9:08	16:56	25:19	33:01	47:26	56:04	59:39	1:10:39	1:13:07	1:14:12	1:14:46		
				1:31	7:37	7:48	8:23	7:42	14:25	8:38	3:35	11:00	2:28	1:05	0:34		
		Feodor Scherbina Russland	Fehlst	1:26	8:56	14:14	59:17	----	1:35:26	1:41:11	1:44:10	----	2:02:28	2:04:31	2:05:35	6:50	
				1:26	7:30	5:18	45:03		36:09	5:45	2:59		18:18	2:03	1:04	*41	
				52:55	2:04:34												
				*114	*99												